



## **Freestyle Whistler Performance Program Park & Pipe: Spring/Summer Program**

The Park & Pipe Performance Program is designed for athletes 15 years old and up in the late Train 2 Train phase of the LTAD. Athletes will target the Canada Cup Slopestyle and Halfpipe events, Junior Nationals and AFP Gold events.

Coaches:

- Graham Pollock, Head Coach
- Brandon Fritz, Assistant Coach

### **Summer Program Dates**

Summer:

Trampoline: June 15 and 22 @ Airhouse, Squamish

On-Snow WB: July 2, 3, 4, 6, 7, 8, 10, 11, 12, 14, 15, 16

Water Ramps: July: 29, 30, 31, August 2, 3, 4, 10, 11, 12, 17, 18, 19

Calgary Progression Airbag: 4 Days in September or October TBD

Total 30

On-Snow Perisher Australia August 20 – September 5

\*\*\*Possible Camp if there is interest. Currently not included in team fees\*\*\*

### **Cost**

\$1050 Coaching Fees for Whistler/Calgary Only

\$450 Water Ramp Access Seasons Pass or \$160 for 3 day pass

\$1632 for 12 days of WB Glacier Tickets & Lane Access Passes

\*\*\*Calgary Airbag costs TBD\*\*\*

Email [info@freestylewhistler.com](mailto:info@freestylewhistler.com) if you are interested in this program.

## **Winter Program Dates**

Winter:

Trampoline: November 9 and 16 @ Airhouse, Squamish

Yukon: November 19 – December 1 (December 6 for non-high school athletes)

Whistler: December 13, 14, 15, 27, 28, 29, 30 January 10, 11, 12

Noram #1: January 16-19 (4 Day Whistler Camp for athletes without Noram spots)

COT #1: January 23-26

Noram #2 February 6-9 (4 Day Whistler Camp for athletes without Noram spots)

Aspen Open February 17-21

COT #2 February 26-29

Noram #3 March 12-15 (4 Day Whistler Camp for athletes without Noram spots)

COT #3 March 19-22

Noram #4 April 2-5 (4 Day Whistler Camp for athletes without Noram spots)

Total 54

## **Cost**

\$2950 Coaching Fees for Winter Program



# Whistler Performance Program

## Schedule Overview

Summer	June	15,22	Airhouse	2
	July	2,3,4,6,7,8,10,11,12,14,15,16	On Snow	12
	July	29,30,31	Water Ramps	Athletes can
	August	2,3,4,10,11,12,17,18,19	Water Ramps	Athletes can
	September	14,15,17,18	Progression Bag	4
				18
Winter	November	9,16	Airhouse	2
	November	19-30	Yukon On Snow	9
	December	1-6	Yukon On Snow	4
	December	13,14,15,27,28,29,30	Whistler On Snow	7
	January	10,11,12		3
	January	16,17,18,19	NorAm #1 or training	4
	January	23,24,25,26	COT #1	4
	February	6,7,8,9	NorAm #2 or training	4
	February	17,18,19,20,21	Aspen Open or COT #2	5
	March	12,13,14,15	NorAm #3 or training	4
	March	19,20,21,22	COT #3	4
	April	2,3,4,5	NorAm #4	4
				54

\*\*\*Winter competition schedule is subject to change\*\*\*



# Whistler Performance Program

## Park & Pipe: Summer Schedule

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31		
June																																	
July																																	
August																																	
September																																	
October																																	

- Airhouse Trampoline
- Momentum On-Snow
- Water Ramps
- Progression Bag



# Whistler Performance Program

## Park & Pipe: Winter Schedule

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
November																																
December																																
January																																
February																																
March																																
April																																

- Airhouse Trampoline
- Yukon On-Snow
- TBD Competition
- Whistler Training
- Travel